



Slõ Milkshakes+ Powdered and pre-thickened ONS

Formulary Prescribing Information Pack (Pre-ACBS)



**We believe dysphagia only means
drink differently, not have different drinks**

We therefore strive to
inspire those living with Dysphagia
and provide innovative ways to
thicken* favourite drinks

**If you can make a drink, you can thicken
one with the confidence of a clinician*

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General

This document provides the clinical, cost, safety and supply information needed to support inclusion of Slõ Milkshakes+ on formulary, or a non-formulary/individual funding request where it is not yet listed.

It is designed to be attached directly to a Medicines Optimisation Committee submission or a non-formulary prescribing request, alongside your organisation's own application form.

Product overview

Slõ Milkshakes+ are powdered, pre-thickened oral nutritional supplement (ONS) formulated specifically for patients with dysphagia. They are available at IDDSI Levels 1, 2 and 3, in three flavours (banana, strawberry, chocolate).

They are the only powdered ONS available in the UK with the prescribed IDDSI level printed on every pack and guaranteed on reconstitution — not dependent on how it is mixed.

Why Slõ Milkshakes+: the safety case

There are 75 standard ONS listed on the Drug Tariff.

Some of those are listed as suitable for the dietary management of dysphagia, but with a long list of caveats for their use. No IDDSI level is printed on pack — meaning the finished Level depends on how the drink is prepared each time, rather than being guaranteed by the manufacturer.

DHSC's own 2026 consultation response on ready-to-drink ONS identified 7 serious incidents resulting in anaphylaxis, where look-alike packaging and inconsistent labelling were assessed by the Department as a contributing factor to prescribing, supply, picking and administration errors.

There are only three ONS which print the Level on pack. Two of those are expensive ready-to-drink ONS.

Slõ Milkshakes+ are the only powdered ONS that are pre-thickened with a guaranteed IDDSI level printed on the pack to remove the preparation step as a point of failure.

A plain-English summary of this safety case is available in our Clinicians Library ("75 to 1"); the source data is cited below.

Clinical evidence

Evidence element	Detail
Continuous UK use	On the market and prescribed since 2016; the only powdered, pre-thickened ONS with a continuous UK prescribing record over that period.
Real-world volume	6,000,000+ sachets prescribed and taken under dietetic supervision to date.
2022 PGTC Study	37 patients with dysphagia, IDDSI Levels 1–3, 3 flavours, 1 week, under dietetic supervision. No GI intolerance reported. 100% of prescribed drinks taken.
Free sample service	Available before prescribing, so suitability and acceptability can be trialled with an individual patient at no cost or risk.

Cost comparison

Slō Milkshakes+ undercuts both established dysphagia-specific ready-to-drink alternatives, while being the only powdered format with a guaranteed IDDSI level.

As an example, Aymes powdered Shake is cheaper per serving but is not a like-for-like comparator for a dysphagia population, as it carries no guaranteed thickening level.

Product	Format	Guaranteed IDDSI on pack?	Cost / serving
Aymes Shake	Powdered ONS only	No	£0.57
Slō Milkshakes+	Powdered + pre-thickened, IDDSI-specific	Yes	£1.99*
Fresubin Thickened	Pre-thickened RTD	Yes	£2.72
Nutris Complete Drink	Pre-thickened RTD	Yes	£2.87

To calculate your own savings, use the Slō Milkshakes+ Cost Saving Calculator at www.slodrinks.com/clinicians-library

**Proposed NHS price on ACBS re-approval; current price £2.28/serving — already below both RTD comparators shown.*

Already on Formularies

Slō Milkshakes+ have already been assessed and adopted, on clinical and cost merit, by the following organisations, without national ACBS listing:

ICB / Trust	Current formulary position
Birmingham & Solihull	First-line for patients with dysphagia
Black Country Formulary	Green status; Fresubin Thickened and Nutris Complete listed as second choice
Bucks, Oxfordshire & Berks West	First choice; Fresubin Thickened second-line after Slō
Greater Glasgow & Clyde	First-line for patients with dysphagia

Environmental impact

Packaging:

Slõ Milkshakes+ pouches are packaged in a fully recyclable soft-plastic film with no foil or aluminium seal — one material, one recycling route, collectable in standard soft-plastic recycling streams.

Transport carbon:

Independent modelling found powdered ONS formats carry 24–53% lower transport carbon than ready-to-drink equivalents. Slõ sources as much of its ingredient base as possible from the UK and consolidates stock through a single distribution depot ahead of onward bulk supply to all pharmacies across the UK, reducing road miles further.

Waste:

Unopened powder and reconstituted, unused product can go to food/organic waste rather than landfill or the drain, avoiding the nutrient load and eutrophication risk associated with pouring liquid ONS away.

This supports the sustainability and carbon-reduction criteria increasingly built into NHS/ICB procurement and Green Plan commitments.

Preparation

With a shaker:

Measure the specified volume of whole milk from the fridge for the IDDSI Level and put into a shaker. Pour sachet contents in and close securely. Shake well for 15 seconds. Leave for 10 minutes. If the milk is cold leave a few more minutes. Pour into a glass and drink within 3 hours. If kept refrigerated drink within 12 hours. Always stir before drinking.

With a mug, glass and fork:

Pour sachet contents to a mug or glass. Measure the specified volume of whole milk from the fridge for the IDDSI Level. Slowly pour the milk into the glass whilst stirring and keep stirring for 30 seconds. Leave for 10 minutes. If the milk is cold leave a few more minutes. Stir once more and drink within 3 hours. If kept refrigerated drink within 12 hours. Always stir before drinking.

Ordering samples before prescribing

A free patient sampling service is available before prescribing, so suitability and acceptability can be confirmed for an individual patient at no cost.

Slō Milkshakes+ are supplied in pouches of 7 sachets specifically so prescriptions can be reviewed weekly rather than defaulting to large batches, reducing the risk of the kind of unused-stock wastage sometimes seen with larger ONS pack sizes.

Go to www.slodrinks.com. At the top right of the page click the Clinicians Library button.

Now in Library go to the Sample section. Click that to open an encrypted on line form and enter your patients details. It is a free service and can be used as many times as required.

Requests received before 2pm go out the same day. Those after, go the next.

Supply and ordering

Supplied in packs of 7 sachets per pouch at each IDDSI level, supporting weekly initiation-and-review prescribing rather than large batch dispensing.

Quantity and frequency are determined by the prescribing clinician based on individual patient fluid and nutritional requirements — intake is patient-dependent and is not standardised across a dysphagia population, so no fixed sachets-per-day figure is given.

Slō Milkshakes+ are listed and available to order on all e-Prescribing / e-Patient ordering systems used across primary and secondary care, with a live dm+d (DM+D) entry, so it can be found and selected directly within those systems.

Nominated wholesaler:

Alliance Healthcare (Cencora). Orders placed with other wholesalers, including those received under the SOLAS system, are delivered on a same-day or next-day basis.

If a Pharmacy has an "Agency Only" agreement with Alliance they will have to order via another Wholesaler who will order from Alliance on their behalf for no extra cost.

If a Pharmacy does have an issue obtaining them we are happy to help. Call us on 03452 222 205 or email their details to support@slodrinks.com and we will speak to them.

IDDSI	Strawberry	Chocolate	Banana
1	416-0271	416-0289	417-6152
2	400-7639	400-7662	417-6145
3	400-7647	400-7654	

Regulatory status

Slõ Milkshakes+ held ACBS approval from 2016 and has been continually prescribed under dietetic supervision since.

We requested their removal to obtain a price increase higher than the RPI limit.

As at September 2026, they are currently the subject of an active resubmission to the ACBS Committee. Please confirm current Drug Tariff status before prescribing; this pack supports a non-formulary/individual request in the interim.

Supplier details

Supplier: Slõ Drinks Ltd · 1 Rossington Place, Graphite Way, Glossop, Derbyshire SK13 1QG

Email: support@slodrinks.com · Tel: 03452 222 205 · WhatsApp: 07538 803 175 · Web: www.slodrinks.com

Further support

Full clinical evidence, IDDSI safety guidance, and the Drink Easy app are available via the Clinicians Library. To arrange a sample, a live video Q&A, or support with a formulary submission, contact us using the details above.

Precautions

Food for special medical purposes (Dysphagia).

For 3 years+.

Reconsistute with whole milk as per instructions above.

For oral consumption only.

Use under medical and dietetic supervision.

Store in a cool dry place out of children's reach.

Once opened use immediately.

Drink within 3 hours, if kept at room temperature or refrigerate and consume within 12 hours

Always stir before drinking.

Do not use after Best Before date.

Not to be used as a sole source of nutrition.

Nutrition and ingredients

Banana Flavour 1 (Pip Code: 417-6152)					
IDDSI 1		Sachet	Reconstituted		
	Per 100g	Per 50g	IDDSI 1	% EU NRV	
Grams/ml	100	50	300ml		
Energy kj	1579.72	789.86	1602.86		
Energy kcal	381.87	190.93	385.93		
Protein	34.2	17.1	27.3		
Carbohydrate	41.91	20.96	35.36		
of which sugars	31.84	15.92	30.32		
Fat, <i>total (g)</i>	6.56	3.28	14.08		
Polyunsaturates (g)	0.0	0.0	0.0		
Monounsaturates (g)	0.0	0.0	0.0		
Saturates	5.65	2.82	9.9		
Fibre (g)	6.0	3.0	3.0		
Salt (g)	0.36	0.18	0.18		
Sodium (mg)	128/ 5.57	64/ 2.78	64.39/ 2.8		
Vitamin A (ug)	270.15	135.08	232	29%	
Vitamin D (ug)	5.02	2.51	4.87	97%	
Vitamin E (mg)	3.86	1.93	2.17	18%	
Vitamin K (ug)	27.02	13.51	13.3	18%	
Vitamin C (mg)	17.37	8.68	11.55	14%	
Thiamin (mg)	0.46	0.23	0.35	32%	
Riboflavin (mg)	0.62	0.31	0.81	58%	
Niacin (mg)	6.95	3.47	3.81	24%	
Vitamin B6 (mg)	0.62	0.31	0.39	28%	
Folic Acid (ug)	77.19	38.59	40	20%	
Vitamin B12 (ug)	3.54	1.77	3.12	71%	
Biotin (ug)	5.79	2.89	2.89	6%	
Pantothenic Acid (mg)	1.16	0.58	0.57	10%	
Potassium (mg/mmol)	0	0	486/ 12.46	24%	
Chloride (mg)	0	0	0	0%	
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	360/ 8.98	40%	
Phosphorus (mg/mmol)	0	0	291/ 9.4	42%	
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	58.5/ 2.41	16%	
Iron (mg)	3.86	1.93	1.9	14%	
Zinc (mg)	3.86	1.93	3.1	31%	
Copper (mg)	0.46	0.23	0.23	23%	
Manganese (mg)	0.39	0.19	0.19	10%	
Selenium (ug)	19.3	9.65	159.5	290%	
Chromium (ug)	9.65	4.82	4.75	12%	
Iodine (ug)	0	0	60	40%	
Molybdenum (ug)	27.02	13.51	13.3	0.27	
Green Tea (mg)	100	50	50	N/A	
Digezyme	0.98	0.49	0.49	N/A	

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), Medium Chain Triglycerides Oil (**Milk**), EmulGold™ (Acacia Fibre), Dextrose, Banana Juice Powder (Maltodextrin, Gum Acacia), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural flavour, Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Natural Colour (Curcumin Extract), Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Banana Flavour 2 (Pip Code: 417-6145)				
IDDSI 2		Sachet	Reconstituted	
	Per 100g	Per 50g	IDDSI 2	% EU NRV
Grams/ml	100	50	200ml	
Energy kj	1582.12	791.06	1333.06	
Energy kcal	382.47	191.23	321.23	
Protein	34.2	17.1	23.9	
Carbohydrate	41.91	20.96	30.56	
of which sugars	31.84	15.92	25.52	
Fat, total (g)	6.56	3.28	10.48	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	5.65	2.82	7.54	
Fibre (g)	6.28	3.14	3.14	
Salt (g)	0.37	0.18	0.18	
Sodium (mg)	128/ 5.57	64/ 2.78	64.26/ 2.79	
Vitamin A (ug)	224.86	112.43	179.75	22%
Vitamin D (ug)	4.18	2.09	3.71	74%
Vitamin E (mg)	3.21	1.61	1.81	15%
Vitamin K (ug)	22.49	11.24	11.38	15%
Vitamin C (mg)	14.46	7.23	9.31	12%
Thiamin (mg)	0.39	0.19	0.28	25%
Riboflavin (mg)	0.51	0.26	0.6	43%
Niacin (mg)	5.78	2.89	3.19	20%
Vitamin B6 (mg)	0.51	0.26	0.32	23%
Folic Acid (ug)	64.25	32.12	32.5	16%
Vitamin B12 (ug)	3.54	1.77	2.67	47%
Biotin (ug)	4.82	2.41	2.47	5%
Pantothenic Acid (mg)	0.96	0.48	0.49	8%
Potassium (mg/mmol)	0	0	324/ 8.31	16%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	240/ 8.31	26%
Phosphorus (mg/mmol)	0	0	194/ 6.26	28%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	44.38/ 1.83	12%
Iron (mg)	3.21	1.61	1.63	12%
Zinc (mg)	3.21	1.61	2.43	24%
Copper (mg)	0.39	0.19	0.2	20%
Manganese (mg)	0.32	0.16	0.16	8%
Selenium (ug)	16.06	8.03	108.13	197%
Chromium (ug)	8.03	4.02	4.06	10%
Iodine (ug)	0	0	40	27%
Molybdenum (ug)	22.49	11.24	11.38	23%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A
Ingredients (Allergens in bold . Suitable for Vegetarians).				
Whey Protein Concentrate (Milk), Fructose, Skimmed Milk Powder (Milk), Micellar Casein (Milk), Carb 10™ (Pea Starch), EmulGold™ (Acacia Fibre), Medium Chain Triglycerides Oil (Milk), Dextrose, Banana Juice Powder (Maltodextrin, Gum Acacia), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Natural Colour (Curcumin Extract), Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).				

Chocolate Flavour 1 (Pip Code: 416-0289)					
		Sachet	Reconstituted		
IDDSI 1	Per 100g	Per 50g	IDDSI 1	% EU NRV	
Grams/ml	100	50	300ml		
Energy kj	1565.93	782.96	1595.96		
Energy kcal	379.26	189.63	384.63		
Protein	36.61	18.3	28.5		
Carbohydrate	39.48	19.7	34.14		
of which sugars	30.62	15.3	29.71		
Fat, total (g)	5.86	2.9	13.73		
Polyunsaturates (g)	0.0	0.0	0.0		
Monounsaturates (g)	0.0	0.0	0.0		
Saturates	4.7	2.3	9.42		
Fibre (g)	7.63	3.82	3.82		
Salt (g)	0.35	0.18	0.18		
Sodium (mg/mmol)	136/5.91	68/ 2.96	68.39/ 2.97		
Vitamin A (ug)	268.24	135.25	232	29.00%	
Vitamin D (ug)	5	2.51	4.87	97.40%	
Vitamin E (mg)	3.85	1.93	2.17	18.08%	
Vitamin K (ug)	28.92	13.53	13.3	17.73%	
Vitamin C (mg)	17.31	8.69	11.55	14.44%	
Thiamin (mg)	0.46	0.23	0.35	31.64%	
Riboflavin (mg)	0.62	0.31	0.81	58.14%	
Niacin (mg)	6.92	3.48	3.81	23.81%	
Vitamin B6 (mg)	0.62	0.31	0.39	28.14%	
Folic Acid (ug)	76.93	38.64	38	19.00%	
Vitamin B12 (ug)	3.54	1.77	3.12	70.80%	
Biotin (ug)	5.77	2.9	2.89	5.78%	
Pantothenic Acid (mg)	1.15	0.58	0.57	9.50%	
Potassium (mg/mmol)	0	0	486/12.46	24.30%	
Chloride (mg)	0	0	0	0.00%	
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	390/ 8.98	39.74%	
Phosphorus (mg/mmol)	0	0	291/ 9.41	41.57%	
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	58.5/ 2.41	15.60%	
Iron (mg)	3.85	1.93	1.93	13.57%	
Zinc (mg)	3.85	1.93	3.1	31.00%	
Copper (mg)	0.48	0.23	0.23	22.80%	
Manganese (mg)	0.33	0.19	0.19	9.50%	
Selenium (ug)	19.23	9.66	159.5	290.00%	
Chromium (ug)	9.62	4.83	4.75	11.88%	
Iodine (ug)	0	0	60	40.00%	
Molybdenum (ug)	26.92	13.53	13.3	26.60%	
Green Tea (mg)	100	50	50	N/A	
Digezyme	0.98	0.49	0.49	N/A	

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), EmulGold™ (Acacia Fibre), Reduced Fat Cocoa Powder, Medium Chain Triglycerides Oil (**Milk**), Dextrose, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural flavour, Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Chocolate Flavour 2 (Pip Code: 400-7662)				
		Sachet	Reconstituted	
IDDSI 2	Per 100g	Per 50g	IDDSI 2	% EU NRV
Grams/ml	100	50	200ml	
Energy kj	1565.93	782.96	1326.17	
Energy kcal	379.86	189.93	319.93	
Protein	36.61	18.3	25.1	
Carbohydrate	39.48	19.74	29.34	
of which sugars	30.62	15.31	24.91	
Fat, total (g)	5.86	2.9	10.13	
Polyunsaturates (g)	0.0	0.0	0.0	
Monounsaturates (g)	0.0	0.0	0.0	
Saturates	4.67	2.34	7.06	
Fibre (g)	7.63	3.82	3.82	
Salt (g)	0.35	0.18	0.18	
Sodium (mg/mmol)	136/5.91	68/ 2.96	68.26/ 2.97	
Vitamin A (ug)	223.95	111.98	178	22%
Vitamin D (ug)	4.16	2.08	3.68	74%
Vitamin E (mg)	3.2	1.6	1.78	15%
Vitamin K (ug)	22.4	11.2	11.2	15%
Vitamin C (mg)	14.4	7.2	9.2	12%
Thiamin (mg)	0.38	0.19	0.27	25%
Riboflavin (mg)	0.51	0.62	0.6	43%
Niacin (mg)	5.76	2.88	3.14	20%
Vitamin B6 (mg)	0.51	0.26	0.32	23%
Folic Acid (ug)	63.99	31.99	32	16%
Vitamin B12 (ug)	3.54	1.77	2.67	47%
Biotin (ug)	4.8	2.4	2.4	5%
Pantothenic Acid (mg)	0.96	0.48	0.48	8%
Potassium (mg/mmol)	0	0	324/ 8.41	16%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	328.6/ 8.22	164.8/ 4.11	240/ 5.99	26%
Phosphorus (mg/mmol)	0	0	194/6.26	28%
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	44/ 1.81	12%
Iron (mg)	3.2	1.6	1.6	11%
Zinc (mg)	3.2	1.6	2.4	24%
Copper (mg)	0.38	0.19	0.19	19%
Manganese (mg)	0.32	0.16	0.16	8%
Selenium (ug)	16	8	108	196%
Chromium (ug)	8	4	4	10%
Iodine (ug)	0	0	40	27%
Molybdenum (ug)	22.4	11.2	11.2	22%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), EmulGold™ (Acacia Fibre), Reduced Fat Cocoa Powder, Medium Chain Triglycerides Oil (**Milk**), Dextrose, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural flavour, Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Chocolate Flavour 3 (Pip Code: 400-7654)					
		Sachet	Reconstituted		
IDDSI 3	Per 100g	Per 50g	IDDSI 3	% EU NRV	
Grams/ml	100	50	200ml		
Energy kj	1568.33	784.17	1324.42		
Energy kcal	379.86	189.93	319.93		
Protein	36.61	18.3	25.1		
Carbohydrate	39.48	19.74	29.34		
of which sugars	30.62	15.31	24.91		
Fat, total (g)	5.86	2.9	10.13		
Polyunsaturates (g)	0.0	0.0	0.0		
Monounsaturates (g)	0.0	0.0	0.0		
Saturates	4.67	2.34	7.06		
Fibre (g)	7.63	3.82	3.82		
Salt (g)	0.36	0.18	0.18		
Sodium (mg)	136/5.91	68/ 2.96	68.26/ 2.97		
Vitamin A (ug)	223.95	111.98	178	22%	
Vitamin D (ug)	4.16	2.08	3.68	74%	
Vitamin E (mg)	3.2	1.6	1.78	15%	
Vitamin K (ug)	22.4	11.2	11.2	15%	
Vitamin C (mg)	14.4	7.2	9.2	12%	
Thiamin (mg)	0.38	0.19	0.27	25%	
Riboflavin (mg)	0.51	0.26	0.6	43%	
Niacin (mg)	5.76	2.88	3.14	20%	
Vitamin B6 (mg)	0.51	0.26	0.32	23%	
Folic Acid (ug)	63.99	31.99	32	16%	
Vitamin B12 (ug)	3.54	1.77	2.67	47%	
Biotin (ug)	4.8	2.4	2.43	5%	
Pantothenic Acid (mg)	0.96	0.48	0.48	8%	
Potassium (mg/mmol)	0	0	324/ 8.31	16%	
Chloride (mg)	0	0	0	0%	
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	240/ 5.99	26%	
Phosphorus (mg/mmol)	0	0	194/ 6.26	28%	
Magnesium (mg/mmol)	57.69/ 2.37	28.98/ 1.53	44/ 1.81	12%	
Iron (mg)	3.2	1.6	1.6	11%	
Zinc (mg)	3.2	1.6	2.4	24%	
Copper (mg)	0.38	0.19	0.19	19%	
Manganese (mg)	0.32	0.16	0.16	8%	
Selenium (ug)	16	8	108	196%	
Chromium (ug)	8	4	4	10%	
Iodine (ug)	0	0	40	27%	
Molybdenum (ug)	22.4	11.2	11.2	22%	
Green Tea (mg)	100	50	50	N/A	
Digezyme	0.98	0.49	0.49	N/A	
Ingredients (Allergens in bold . Suitable for Vegetarians).					

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), EmulGold™ (Acacia Fibre), Reduced Fat Cocoa Powder, Medium Chain Triglycerides Oil (**Milk**), Dextrose, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Iron, Zinc, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural flavour, Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Strawberry Flavour 1 (PIP code: 416-0271)					
		Sachet	Reconstituted		
IDDSI 1	Per 100g	Per 50g	IDDSI 1	% EU NRV	
Grams/ml	100	50	300ml		
Energy kj	1584.12	792.1	1605.05		
Energy kcal	382.88	191.44	386.44		
Protein	34.2	17.1	27.3		
Carbohydrate	42.5	21.23	35.63		
of which sugars	30.88	15.44	29.84		
Fat, total (g)	6.56	3.28	14.08		
Polyunsaturates (g)	0	0	0		
Monounsaturates (g)	0	0	0		
Saturates	5.65	2.78	9.9		
Fibre (g)	5.57	2.8	3.5		
Salt (g)	0.36	0.18	0.18		
Sodium (mg)	128/ 5.57	64/ 2.8	64.39/ 2.8		
Vitamin A (ug)	270.51	135	232	29%	
Vitamin D (ug)	5.02	2.51	4.87	97%	
Vitamin E (mg)	3.86	1.93	2.17	18%	
Vitamin K (ug)	27.05	13.53	13.3	18%	
Vitamin C (mg)	17.39	8.69	11.55	14%	
Thiamin (mg)	0.46	0.23	0.35	32%	
Riboflavin (mg)	0.62	0.31	0.81	58%	
Niacin (mg)	6.86	3.48	3.81	24%	
Vitamin B6 (mg)	0.62	0.31	0.39	28%	
Folic Acid (ug)	77.29	38.64	38	19%	
Vitamin B12 (ug)	3.54	1.77	3.12	71%	
Biotin (ug)	5.8	2.9	2.89	6%	
Pantothenic Acid (mg)	1.16	0.58	0.57	10%	
Potassium (mg/mmol)	0	0	486/ 12.46	24%	
Chloride (mg)	0	0	0	0%	
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	360/ 8.98	40%	
Phosphorus (mg/mmol)	0	0	291/ 9.40	42%	
Magnesium (mg/mmol)	57.68/ 2.37	28.99/ 1.53	58.5/ 2.41	16%	
Iron (mg)	3.86	1.93	2.01	14%	
Zinc (mg)	3.86	1.93	3.1	31%	
Copper (mg)	0.46	0.23	0.23	23%	
Manganese (mg)	0.39	0.19	0.19	10%	
Selenium (ug)	19.32	9.66	159.5	290%	
Chromium (ug)	9.66	4.83	4.75	12%	
Iodine (ug)	0	0	60	40%	
Molybdenum (ug)	27.05	13.53	13.3	27%	
Green Tea (mg)	100	50	50	N/A	
Digezyme	0.98	0.49	0.49	N/A	
Ingredients (Allergens in bold . Suitable for Vegetarians).					
Whey Protein Concentrate (Milk), Fructose, Skimmed Milk Powder (Milk), Micellar Casein (Milk), Carb 10™ (Pea Starch), Medium Chain Triglycerides Oil (Milk), Emulgold (Acacia Fibre™), Dextrose, British Strawberry Juice Powder (Strawberry Concentrate, Maltodextrin, Gum Acacia), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Pantothenic Acid, Iron, Zinc, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural Colour (Beetroot Red), Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).					

Strawberry Flavour 2 (Pip Code: 400-7639)				
		Sachet	Reconstituted	
IDDSI 2	Per 100g	Per 50g	IDDSI 2	% EU NRV
Grams/ml	100	50	200ml	
Energy kj	1584.12	792.06	1335.37	
Energy kcal	382.88	191.44	321.77	
Protein	34.2	17.1	23.9	
Carbohydrate	42.46	21.23	30.83	
of which sugars	30.88	15.44	25.04	
Fat, <i>total</i> (g)	6.56	3.28	10.46	
Polyunsaturates (g)	0	0	0	
Monounsaturates (g)	0	0	0	
Saturates	6.56	3.28	10.46	
Fibre (g)	5.57	2.78	2.78	
Salt (g)	0.36	0.18	0.18	
Sodium (mg)	128/ 5.57	64/ 2.78	64.29/ 2.78	
Vitamin A (ug)	225.24	112.62	178	22%
Vitamin D (ug)	4.18	2.09	3.68	74%
Vitamin E (mg)	3.22	1.61	1.78	15%
Vitamin K (ug)	22.52	11.26	11.2	15%
Vitamin C (mg)	14.18	7.24	9.2	12%
Thiamin (mg)	0.39	0.19	0.27	25%
Riboflavin (mg)	0.51	0.26	0.6	43%
Niacin (mg)	5.78	2.9	3.14	20%
Vitamin B6 (mg)	0.62	0.31	0.32	23%
Folic Acid (ug)	64.35	32.18	32	16%
Vitamin B12 (ug)	3.54	1.77	2.67	47%
Biotin (ug)	4.83	2.41	2.43	5%
Pantothenic Acid (mg)	0.97	0.48	0.48	8%
Potassium (mg/mmol)	0	0	324/ 8.31	16%
Chloride (mg)	0	0	0	0%
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	240/ 5.99	26%
Phosphorus (mg/mmol)	0	0	194/ 6.26	28%
Magnesium (mg/mmol)	57.68/ 2.37	28.98/ 1.53	44/ 1.81	12%
Iron (mg)	3.22	1.61	1.61	11%
Zinc (mg)	3.22	1.61	2.4	24%
Copper (mg)	0.39	0.19	0.19	19%
Manganese (mg)	0.32	0.16	0.16	8%
Selenium (ug)	16.09	8.04	108	196%
Chromium (ug)	8.04	4.02	4	10%
Iodine (ug)	0	0	40	27%
Molybdenum (ug)	22.52	11.26	11.20	22%
Green Tea (mg)	100	50	50	N/A
Digezyme	0.98	0.49	0.49	N/A

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), Medium Chain Triglycerides Oil (**Milk**), Emulgold (Acacia Fibre™), Dextrose, British Strawberry Juice Powder (Strawberry Concentrate, Maltodextrin, Gum Acacia), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Pantothenic Acid, Iron, Zinc, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural Colour (Beetroot Red), Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).

Strawberry Flavour 3 (Pip Code: 400-7647)					
		Sachet	Reconstituted		
IDDSI 3	Per 100g	Per 50g	IDDSI 3	% EU NRV	
Grams/ml	100	50	200ml		
Energy kj	1582.21	791.1	1333.1		
Energy kcal	382.41	191.2	321.2		
Protein	34.2	17.1	23.9		
Carbohydrate	42.46	21.23	30.83		
of which sugars	30.88	15.44	25.04		
Fat, <i>total</i> (g)	6.56	3.28	10.46		
Polyunsaturates (g)	0	0	0		
Monounsaturates (g)	0	0	0		
Saturates	5.65	2.82	7.54		
Fibre (g)	5.51	2.91	2.91		
Salt (g)	0.36	0.18	0.18		
Sodium (mg)	128/5.57	64/ 2.78	64.26/ 2.79		
Vitamin A (ug)	224.84	112.42	178	22%	
Vitamin D (ug)	4.18	2.09	3.68	74%	
Vitamin E (mg)	3.21	1.61	1.78	15%	
Vitamin K (ug)	22.48	11.24	11.2	15%	
Vitamin C (mg)	14.45	7.23	9.2	12%	
Thiamin (mg)	0.39	0.19	0.27	25%	
Riboflavin (mg)	0.51	0.26	0.6	43%	
Niacin (mg)	5.78	2.89	3.14	20%	
Vitamin B6 (mg)	0.51	0.26	0.32	23%	
Folic Acid (ug)	64.24	32.12	32	16%	
Vitamin B12 (ug)	3.54	1.77	2.67	47%	
Biotin (ug)	4.82	2.41	2.43	5%	
Pantothenic Acid (mg)	0.96	0.48	0.48	8%	
Potassium (mg/mmol)	0	0	324/ 8.31	16%	
Chloride (mg)	0	0	0	0%	
Calcium (mg/mmol)	329.6/ 8.22	164.8/ 4.11	240/ 5.99	26%	
Phosphorus (mg/mmol)	0	0	194/ 6.26	28%	
Magnesium (mg/mmol)	57.68/ 2.37	28.99/ 1.53	44/ 1.81	12%	
Iron (mg)	3.22	1.6	1.6	11%	
Zinc (mg)	3.21	1.61	2.4	24%	
Copper (mg)	0.39	0.19	0.19	19%	
Manganese (mg)	0.32	0.16	0.16	8%	
Selenium (ug)	16.06	8.03	108	196%	
Chromium (ug)	8.03	4.02	4	10%	
Iodine (ug)	0	0	40	27%	
Molybdenum (ug)	22.48	11.20	11.20	22%	
Green Tea (mg)	100	50	50	N/A	
Digezyme	0.98	0.49	0.49	N/A	

Ingredients (Allergens in **bold**. Suitable for Vegetarians).

Whey Protein Concentrate (**Milk**), Fructose, Skimmed Milk Powder (**Milk**), Micellar Casein (**Milk**), Carb 10™ (Pea Starch), Medium Chain Triglycerides Oil (**Milk**), Emulgold (Acacia Fibre™), Dextrose, British Strawberry Juice Powder (Strawberry Concentrate, Maltodextrin, Gum Acacia), Natural Flavour, Vitamin & Mineral Blend (Calcium, Magnesium, Vitamin C, Niacin, Vitamin E, Pantothenic Acid, Iron, Zinc, Vitamin B6, Riboflavin, Thiamin, Copper, Manganese, Vitamin A, Folic Acid, Molybdenum, Vitamin K, Selenium, Chromium, Biotin, Vitamin D), Thickener (carboxymethylcellulose), Natural Colour (Beetroot Red), Clean Cream® Vegetable Creamer [High Oleic Sunflower Oil, Antioxidant (D-Alpha Tocopherol)], Green Tea Extract, Anti-Caking Agent (Silicon Dioxide), Digezyme™ Enzyme Complex (Amylase, Protease, Cellulase, Lactase, Lipase), Sweetener (Sucralose).